



Community Connectors

Connecting you to community support!

Community Connectors is a new project in Cardiff designed to help people access community groups and services to improve their wellbeing needs.

Our experienced Community Connectors will offer a confidential, non-judgmental space to listen and help you access the support you need.

Our Community Connectors are based in GP Surgeries across :

Cardiff South East

Cardiff City and South

Cardiff East

 **Mind**
Cardiff
Caerdydd



Contact us to find out more!

communityconnectors@cardiffmind.org
02920 467 096

cardiffmind.org

Registered Charity Number: 1020633